

Monthly Meeting Minutes – 9 November 2017  
8:30-9:30am, COORDINARE office, Ground floor iCentral building  
Squires Way, Innovation Campus, North Wollongong  
& video link to GPH Centre, 107 Scenic Dr, Nowra

## 1. Attendees

### WOLLONGONG:

ALEX HAINS	(AH)	Regional Manager, SP Collaborative
ARMANDO REVIGLIO	(AR)	Wollongong City Council
CARLIE SCHOFIELD	(CS)	Illawarra Aboriginal Medical Service
CYNTHIA MCCAMMON	(CM)	Catholic Education Office
HEATHER MCCARRON	(HM)	TAFE NSW
LINDA LIVINGSTONE	(LLi)	SP Collaborative Executive; COORDINARE
LORNA MOXHAM	(LM)	School of Nursing & Global Challenges, UOW
LYNN LANGHORN	(LLan)	Director of Nursing Mental Health, ISLHD
MARILYN DUNN	(MD)	Salvation Army
MARK WILDER	(MW)	Salvation Army
REBECCA SNG	(RS)	SP Collaborative Executive; Grand Pacific Health
RON DE JONGH	(RdJ)	Grand Pacific Health
ROBYN ZELVIS	(RZ)	Department of Education
ROZ JENNINGS	(RJ)	Department of Education
SARAH MOXON	(SM)	NSW Ambulance
TIM HEFFERNAN	(THe)	SP Collaborative Executive; Lived Experience Representative

### NOWRA:

ALAN BLACKSHAW	(AB)	Shoalhaven City Council
CARLA RUTHERFORD	(CR)	Shoalhaven Hospital Emergency Department, ISLHD
CLARE LESLIE	(CL)	Lifeline South Coast
FAYE WORNER	(FW)	Waminda
GLENN WILLIAMS	(GW)	SP Collaborative Executive; MIND the GaP
WENDI HOBBS	(WH)	Shoalhaven Suicide Prevention Awareness Network

### APOLOGIES:

ELAINE LOMAS	(EL)	COORDINARE
EMMA RINGLAND	(ER)	Project Coordinator, SP Collaborative
JANET JACKSON	(JJ)	NSW Trainlink
JUDITH SIMONS	(JS)	One Door
NICK GUGGISBERG	(NG)	Kiama Council
SANDRA BOLACK	(SB)	ISPAN
VIDA BLIKAS	(VB)	School of Psychology, UOW

## 2. Welcome and introduction

LLi welcomed attendees and did Acknowledgement of Country and Acknowledgement of people with lived experience.

### 3. Working Group (WG) updates

#### a. WG1 (health interventions)

LLi reported that WG1 has not met since the last Collaborative meeting but that COORDINARE has progressed the rollout of the *StepCare* screening product via an initial Expression of Interest (EOI) process for General Practices. LLi noted a very positive response, with 6 practices registering their interest in the first week.

RS provided an update on the rollout of the new *Next Steps Aftercare Service*, which is now operational for both the Wollongong Hospital Emergency Department (ED) and the Shellharbour Hospital ED. Initial referral rates are slow, which has been largely attributed to the bad flu season dominating ED activity. *Next Steps Aftercare Service* now looking to broaden their referral pathways to increase referral rates.

#### b. WG2 (community interventions)

CL advised members about the [Our Voice](#) training for people with lived experience, provided by [Roses in the Ocean](#). This training will be provided within the Illawarra Shoalhaven for free for up to 12 people with lived experience. The timing for when this training will be run has not yet been confirmed, but is likely to be early 2018. WG2 members are currently discussing processes to ensure those who attend this training reflect a broad range of lived experience perspectives.

CL again noted that the [QPR online training](#) is available on the Collaborative website. CL strongly encouraged Collaborative members to review the resources that have been developed to support the roll out of QPR online within organisations or work teams. AR emphasised that these resources have proven very useful and easy to implement within the Wollongong City Council.

ACTION 1: Collaborative members complete QPR online training and provide any feedback to WG2 via <a href="mailto:suicideprevention@coordinare.org.au">suicideprevention@coordinare.org.au</a> .	All
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ACTION 2: Collaborative members to promote QPR online training within their workplaces and propose an organisational-wide rollout wherever possible. NOTE: AH & ER are available to support this process as needed.	All
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CL noted that the marriage equality plebiscite result is to be made public on Wednesday 15 November. This is considered a potentially difficult time for LGBTI communities, and so recommended that members consider what supports they can promote for people who need them.

ACTION 3: Relevant resources from ACON to be distributed to Collaborative members for distribution/use.	AH
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#### c. WG3 (school interventions)

AH reported that WG3 are working with each school to schedule the Youth Aware of Mental Health (YAM) program roll out for Terms 1 & 2 in 2018. This schedule will be confirmed over the coming weeks and will help to clarify the number of YAM Facilitators and YAM Helpers we need to recruit.

YAM Facilitator training will be run in early December, with up to 4 people from our region able to attend.

ACTION 4: YAM Helpers will be recruited via EOI shortly. ER to disseminate this, and Collaborative members to distribute through their networks.

ER &  
 All

d. **WG4 (data-driven suicide prevention)**

LLi noted that WG4 had met recently to review two suicide audit reports – one by COORDINARE (based on where people live), and the other by the Black Dog Institute (based on where people die). These documents were very informative and our ability to have the two complement each other was useful.

WG4 will now begin organising two Focus Groups, where the data will be discussed with Police, Ambulance, and Emergency Department representatives in order to overlay these reports with more contextual data held locally by these organisations. It is hoped that this will enable us to learn more about suicide attempts as well as suicide deaths.

e. **WG5 (Aboriginal suicide prevention)**

AH stated that WG5 has been reviewing the resources produced by the [Aboriginal & Torres Strait Islander Suicide Prevention Evaluation Project](#) (ATSISPEP – see next section for more information).

GW reported that WG5 are also discussing how its members can better link in with other WGs to help ensure all planned activities are consistent with the ATSISPEP recommendations.

4. **ATSISPEP Resources**

The following resources were provided to Collaborative members in hard copy at the meeting:

- [Indigenous Suicide Prevention Activity Evaluation Framework](#)
- [Indigenous Suicide Prevention Activity Assessment Tool](#)
- [How to Apply for Funding in Suicide Prevention: A Guide for Communities](#)

GW noted the resources' emphasis on working with Aboriginal communities (rather than doing things to or for Aboriginal communities). He praised the plain language used throughout the resources, saying they would likely be useful for local communities as well as services.

These resources are also available on the What's Happening page of the Collaborative's website, under the WG5 tab – [click here](#).

ACTION 5: Collaborative members to discuss how these resources might be useful within their organisations/groups.

All

5. **Dashboard**

AH highlighted that one of the three fundamental pillars of the Collaborative's [Statement of Purpose](#) is "ensuring that suicide prevention efforts are effective", and reminded members that the concept of an annual Report Card was discussed at the [April 2017 meeting](#) and it was felt such a Report Card would have numerous benefits.

AH explained that the intention was for the Report Card to be done annually, but with some of the data being included on a 'dashboard' that could be reviewed more frequently by the Collaborative and its WGs. AH outlined the process for establishing a first draft of such a Dashboard, with each WG given the opportunity to determine the shape of the questions that the data should be used to answer.

The [first draft of a dashboard for the community interventions](#) (i.e. WG2) was tabled, with positive feedback from the members. RdJ and LLi commented on how useful the section on media reporting was, and RdJ said the data will need to continue to be presented in a way that is both interesting and productive (i.e. focus on elements we can influence).

#### 6. Terms of Reference (ToR) amendment

RS reminded members of the intention of the proposed amendment to the Collaborative's ToR regarding the Collaborative's role in the ongoing shaping of suicide prevention activities in the region. The feedback discussed in the [October 2017 meeting](#) was briefly summarised, and a revised amendment proposed.

Members agreed the changes were in line with the feedback from the last meeting, and the changes were accepted unanimously.

AH noted there were also a couple of additional minor amendments proposed, focused on reflecting the role of Collaborative staff in taking minutes at WG meetings. These changes were also accepted unanimously.

ACTION 6: AH to upload new version of ToR to the Collaborative website.

AH

#### 7. Executive roles EOI

AH noted that two Collaborative executive positions have become vacant – Kimberley Chiswell has stepped out of the Shoalhaven-based NGO role, and Brin Grenyer has stepped out of the academic/researcher role. Consistent with the Collaborative's ToR, an EOI process has been undertaken via email.

Two people have expressed an interest, one for each executive role – Faye Worner (CEO, Waminda) for the Shoalhaven-based NGO role, and Vida Bliokas (Senior Lecturer, School of Psychology, UOW) for the academic/researcher role.

Both EOIs were accepted by the members unanimously.

ACTION 7: AH to update the email distribution lists.

AH

#### 8. Additional items

TH noted that he was in the process of arranging catch-ups with all the people with lived experience who are involved with the Collaborative in some way. This is to offer support if needed and check that they are feeling positive about the experience.

#### 9. Next meeting

Date: Thurs 14 December 2017  
Time: 8:30-9:30am  
Venue: COORDINARE office, Ground floor iCentral building  
Squires Way, Innovation Campus, North Wollongong  
& video link to GPH Centre, 107 Scenic Dr, Nowra

Meeting schedule for 2018 available [here](#). Please put these dates into your diary.